



STARS PROGRAM

Suicide Prevention Training And Readiness for Schools

The University of North Dakota and NORC partnered to bring the STARS Program to North Dakota schools. The STARS Program is the first multi-component school substance use and suicide prevention training program for North Dakota and is modeled on existing evidenced-based trainings and practices. Each STARS training is geared toward a specific professional role so that everyone working in your school can help promote student safety and mental well-being.

The STARS Program includes three distinct components:

1. A **half-day Leadership Workshop** for school leadership teams to develop building and district-wide policies, procedures, and implementation plans for substance use and suicide prevention.
2. A **1-2 hour All-Staff Training** for teachers and non-clinical school staff on identifying warning signs of substance use and suicide and following building and district protocol to connect those at risk to additional care.
3. A **3-4 hour Clinical Workshop** for school behavioral health professionals on the clinical elements of substance use and suicide risk screening, intervention, and referral. The training includes instruction on the C-SSRS and CRAFFT 2.1+N screening tools, the Safety Planning Intervention for suicide risk, the Brief Negotiated Interview for substance use risk, and several methods of referral, follow-up, and monitoring.

Schools can participate in all three components of STARS or pick and choose based on their needs. Contact us for more information: Sarah.Kemp.Tabbut@und.edu



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Become a STAR!

Receive a school certificate for completing 1, 2, or 3 trainings in any order!

- ★ **Bronze** – 1 component
- ★ **Silver** – 2 components
- ★ **Gold** – All components