



Leadership Workshop

STARS: Suicide Prevention Training And Readiness for Schools

The University of North Dakota and NORC partnered to bring the STARS Program to North Dakota schools. The STARS Program is the first multi-component school substance use and suicide prevention training program for North Dakota and is modeled on existing evidenced-based trainings and practices. Each STARS module is geared toward a specific professional role so that everyone working in your school can help promote student safety and mental well-being.

STARS School Leadership Workshop

This workshop is a half-day (4-hour) interactive module for school leadership teams to develop building and district-wide procedures, documentation, and implementation plans for substance use and suicide prevention. The goals of this module are to:

1. Increase understanding of the scope of the problem of suicide.
2. Explore suicide prevention models and best practices.
3. Review current school/district suicide and substance use prevention programs, procedures, and resources and identify gaps.
4. Gain access to resources to enhance school and student health and safety.
5. Develop an action plan to improve suicide and substance use prevention efforts.

School leadership will assemble an Action Planning Team comprised of about 10 members who meet regularly and are empowered to make decisions to enhance school suicide prevention efforts.

★★★★ Become STARS-trusted! ★★★★★

The STARS program includes two additional modules, one geared toward all school staff and one toward mental health professionals. Complete the All Staff Module and receive a STAR sticker and pocket card to let students know you are a trusted adult. Your school is eligible to receive a STAR designation for completing one or more of these modules.

For more information, email us at Sarah.Kemp.Tabbut@und.edu.