



All-Staff Module

STARS: Suicide Prevention Training And Readiness for Schools

The University of North Dakota and NORC partnered to bring the STARS Program to North Dakota schools. The STARS Program is the first multi-component school substance use and suicide prevention training program for North Dakota and is modeled on existing evidenced-based trainings and practices. Each STARS module is geared toward a specific professional role so that everyone working in your school can help promote student safety and mental well-being.

STARS All Staff Module

The All Staff Module is a 1-2 hours training for teachers and other school staff on how to recognize warning signs of suicide and substance use and follow protocols to connect those at risk to a designated professional. By participating in this module, you will be able to:

1. Explain the importance of substance use and suicide prevention in schools
2. Describe the role of school faculty and staff in substance use and suicide prevention
3. Describe the warning signs of suicide using the FACTS acronym
4. Explain the difference between substance use and suicide risk and protective factors
5. Demonstrate what to do if you suspect a student is at risk of substance misuse and/or suicide
6. Explain what is meant by a warm hand-off when making a referral

Become STARS-trusted!

Complete the All Staff Module and receive a STAR sticker and pocket card to let students know you are a trusted adult. The STARS program includes two additional modules, one geared toward school leadership teams and one toward mental health professionals. Your school is eligible to receive a STAR designation for completing one or more of these modules.

For more information, email us at Sarah.Kemp.Tabbut@und.edu.